**Expedition Kit List**

Scout uniform is **NOT** required on this camp

Main Kit Bag (will not be carried):

* Sleeping bag/blankets
* Carry mat/therm-a-rest (stops heat loss to the floor, the thicker the foam the better!)
* T-shirts
* Jumpers/fleeces/thermals
* Wash bag
* Underwear
* Torch plus spare batteries
* Plate, bowl, cutlery, mug
* Trousers/walking pants/tracksuit bottoms
* Change of shoes for the campsite

Day Bag/Rucksack (will be carried):

* Waterproof rucksack liner
* Waterproof coat and trousers (if not worn)
* Spare jumper/fleece
* Hat, scarf & gloves
* Packed lunch and snacks
* Full drinks bottle

Please note that none of the above items are optional. We have to ensure that everybody is safe and has substantial kit to prevent the Scouts from getting cold. We reserve the right to send anyone home who does not have the correct kit.